

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THE MEXICAN KITCHEN

OPTION #1

CLASSIC BEEF BOLOGNAISE
With Garlic Bread

GREEN THAI CHICKEN CURRY
with 50/50 Rice

FLAVOURED CHICKEN with
Roast Potatoes and Gravy

MEXICAN BEEF CHILLI
with 50/50 Rice or Soft Tacos

FISHFINGERS OR SALMON FISHCAKES
with Chips

OPTION #2

AUTUMN VEGETABLE RISOTTO

STICKY SOY AND HONEY NOODLES

CAJUN SWEET POTATO & SPINACH TART
with Roast Pots

MEXICAN VEGETABLE RICE

LOADED HOUND DOG
with Chips

ON THE SIDE

Green Beans
Carrots

Sweetcorn
Roasted Broccoli

Cauliflower
Peas

Pineapple Salsa
& Slaw

Baked Beans
Coleslaw

DESSERT OF THE DAY

PINEAPPLE UPSIDE DOWN CAKE
with Custard

SCHOOL CAKE

PLUM & VANILLA CRUMBLE
with Custard

DATY COOKIE

LEMON DRIZZLE SPONGE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY

ADDED PLANT PROTEIN   **VEGAN OPTION**
 **SOURCE OF WHOLEMEAL**

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

BEEF ENCHILADAS
With Rice

MACARONI CHEESE
With Toppings

Roasted Butternut
Squash
Cauliflower

BLONDIE WITH BERRIES

STREET FOOD

SPICY CHICKEN
With Khobez and
Tabbouleh Salad

HOUMOUS AND FALAFEL
With Khobez
and Tabbouleh
Salad

Red Cabbage
Slaw and Roasted
Chickpea Salad

SYRUP SPONGE
with Custard

BUTCHERS SAUSAGE & MASH
with Onion
Gravy

VEGGIE SAUSAGE & MASH
with Onion
Gravy

Broccoli
Sweetcorn

APPLE & CHERRY OATY CRUMBLE
with Custard

HOT WOK CHICKEN NOODLES

BLACK BEAN VEGETABLES
with Rice

Carrots
Green Beans

CHOCOLATE SHORTBREAD CAKE

BATTERED FILLET OF FISH
served with
Chips & Tartare
Sauce

GREEK SPINACH & FILO PARCELS
and Chips

Baked Beans
Garden Peas

PEAR UPSIDE DOWN CAKE

ALSO AVAILABLE!

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FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

TANDOORI
CHICKEN
STUFFED
NAAN

VEGETARIAN
THAI NOODLES

Bombay Potatoes
Green Beans
Sweetcorn

WARM BANANA
FLAPJACK

MEATBALLS
IN TOMATO
SAUCE
with Spaghetti

VEGETABLE
BIRYANI

Broccoli
Roasted
Vegetables

VANILLA SPONGE

THE CLASSIC
ROAST DINNER
with all the
trimmings

ROAST QUORN,
with all the
trimmings

Roasted Carrots
Red Cabbage

JAM SPONGE
with Custard



CHICKEN
KORMA
with 50/50 Rice

SWEET POTATO,
CHICKPEA &
SPINACH TIKKA
with 50/50
Rice

Roasted
Cauliflower &
Sambals

STICKY TOFFEE
APPLE CRUMBLE
with Custard

BATTERED
FISH
with Chips &
Tartare Sauce

THE BIG PLANT
BURGER
with Chips

Garden Peas
Baked Beans

BERRY CRUMBLE
CAKE

ALSO AVAILABLE!

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